

Example activities and competencies in the delivery of a comprehensive school counseling program:

| <i>School Guidance Curriculum</i> | <i>Individual Planning</i> | <i>Responsive Services</i> | <i>Systems Support</i> |
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| <ul style="list-style-type: none"> • Academic skills support • Organizational, study and test-taking skills • Education in understanding self and others • Coping strategies • Peer relationships and effective social skills • Communication, problem-solving, decision-making and conflict resolution • Career awareness, exploration and planning • Substance abuse education • Multicultural/diversity awareness | <ul style="list-style-type: none"> • Goal-setting/decision- making • Academic planning • Career planning • Education in understanding of self, including strengths and weaknesses • Transition planning | <ul style="list-style-type: none"> • Individual and small group counseling • Individual/family/school crisis intervention • Peer facilitation • Consultation/ collaboration • Referrals | <ul style="list-style-type: none"> • Professional development • Consultation, collaboration and teaming • Program management and operation |